

## STIR-FRIED NOODLES

- Shanghai Noodles** ..... \$12.95  
Stir-fried wheat lo-mein noodles with vegetables.  
Choice of chicken, tofu, or vegetables. \$2 extra for beef or shrimp.
- Stir-Fried Combo Noodles** ..... \$15.95  
Wheat lo-mein noodles, chicken, beef, shrimp, & vegetables in a brown sauce.
- Kung Bao Noodles** ..... \$13.95  
Wheat lo-mein noodles, chicken, peanuts, & vegetables stir-fried with brown, sweet, & hot sauce.
- Hot Basil Noodles** ..... \$13.95  
Chicken, wheat lo-mein noodles, red bell peppers, & onions in a hot basil sauce.
- Crunchy Sesame Chicken Noodles** ..... \$15.95  
Stir-fried wheat lo-mein noodles & veggies in a brown sauce with crispy chicken breast on top.
- Garlic Tofu Noodles** ..... \$13.95  
Wheat lo-mein noodles, tofu, vegetables, cilantro, & crushed peanuts in a spicy garlic sauce.
- Yummy Chow Fun** ..... \$13.95  
Stir fried flat and big rice noodles with vegetables.  
Choice of chicken, tofu or vegetables. \$2 extra for beef, shrimp, or combo.

## NOODLES IN BROTH

- Vietnamese Bowl** ..... \$12.95  
Thin rice noodles, basil, bean sprouts, cilantro, peapod and napa in clear broth. Choice of chicken, tofu or vegetables. \$2 extra for beef or shrimp.
- Japanese Miso Soup** ..... \$13.95  
Udon noodles, vegetables, & tofu.
- Korean Combo Bowl** ..... \$16.95  
Udon noodles, chicken, shrimp, beef, & vegetables in a special hot broth.
- Wonton & Noodles** ..... \$13.95  
Pork wontons, udon noodles, vegetables in clear broth.
- Crispy Chicken & Noodles in Broth** ..... \$15.95  
Udon noodles, vegetables, tasty chicken broth, & crunchy sesame chicken on the side.

## MOO SHU CREPES

(Served with 4 Pancakes & Plum Sauce)

- With Chicken, Tofu or Vegetables** ..... \$14.95  
Stir-fried with cabbage, carrots, black mushroom, onions and eggs.
- With Beef, Shrimp or Pork** ..... \$16.95  
Stir-fried with cabbage, carrots, black mushroom, onions and eggs.

## PASTA

- Plain Spaghetti** ..... \$12.95  
Marinara sauce.
- Chicken Spaghetti** ..... \$14.95  
White meat chicken, marinara sauce.
- Shrimp Spaghetti** ..... \$16.95  
8 Pc. shrimp, marinara sauce.

## THAI NOODLES

- Pad Thai** ..... \$13.95  
Thin rice noodles, bean sprouts, eggs, onions, & crushed peanuts in Thai sweet sauce. Choice of chicken, tofu, or vegetables. \$2 extra for beef or shrimp.
- Pad See Eiw** ..... \$13.95  
Stir-fried big rice noodles, broccoli, sprouts, & eggs in sweet brown sauce. Choice of chicken, tofu, or vegetables. \$2 extra for beef or shrimp.
- Hot & Spicy Noodles** ..... \$13.95  
Big rice noodles, bell & hot peppers, eggs, white onions, & basil. Choice of chicken, tofu, or vegetables. \$2 extra for beef or shrimp.
- Thai Image Noodles** ..... \$15.95  
Thin rice noodles with shrimp & vegetables in a special spicy sauce.
- Lard Nar** ..... \$13.95  
Stir-fried big rice noodles topped with broccoli and choice of chicken or tofu in a light brown gravy. \$2 extra for beef or shrimp.
- Pad Ki Mao** ..... \$13.95  
Big rice noodles stir-fried with hot peppers, basil, eggs, and vegetables. Choice of chicken, tofu, or vegetables. \$2 extra for beef or shrimp.

## THAI CURRY

- Red Curry** ..... \$14.95  
Choice of meat or tofu cooked in coconut milk with bamboo shoots. With beef or shrimp \$16.95
- Green Curry** ..... \$14.95  
Choice of meat or tofu cooked in coconut milk with bamboo shoots. With beef or shrimp \$16.95
- Ka-Ree Curry** ..... \$14.95  
Yellow curry in coconut milk with potato & choice of meat or tofu. With beef or shrimp \$16.95
- Panang Curry** ..... \$14.95  
Sweet curry, bell peppers in coconut milk, choice of meat or tofu. With beef or shrimp \$16.95
- Pineapple Shrimp Curry** ..... \$16.95
- Mus-Sa-Mun Curry** ..... \$14.95  
With potato, peanuts, in coconut milk. choice of meat or tofu. with beef \$16.95

## THAI FRIED RICE

- Chicken, Veggies or Tofu** ..... \$11.95
- Shrimp or Combo** ... \$12.95    **Beef** ..... \$12.95
- Thai Fried Rice                      - Spicy Fried Rice
- Pineapple Fried Rice                - Curry Fried Rice

Indicates Hot & Spicy  
Brown Rice Available

## LUNCH SPECIALS

Add Lunch Size Soup \$1.50 (hot & sour or egg drop soup)

### Lettuce Wraps (4 pc)

Black mushrooms, water chestnuts, onions, plum sauce, & rice, choice of:

- Chicken ..... \$12.95
- Tofu & Veggy ..... \$12.95
- Shrimp & Pineapple ..... \$13.95

### Stir-Fried Noodles

with Chicken, Tofu, or Vegetables ... \$11.95

Beef ..... \$12.95    Shrimp ... \$12.95

**Shanghai Noodles** Wheat noodles, veggies, and choice of meat

**Kung Bao Noodles (Hot)** Chicken, veggies, & peanuts

**Hot Basil Noodles (Hot)** Chicken, red bell peppers, & onions

**Crunchy Sesame Chicken Noodles** ..... \$13.95

**Garlic Tofu Noodles (Hot)** Veggies, cilantro, & peanuts

**Yummy Chow Fun** Big rice noodles, veggies, & choice of meat

### Noodles In Broth

**Vietnamese Bowl** Thin rice noodles, basil, sprouts, & cilantro

**Japanese Miso Soup** Udon noodles, tofu, & vegetables

**Korean Combo Bowl (Hot)** ..... \$13.95

Chicken, beef, shrimp, udon noodles, & vegetable

**Wonton & Noodles** Pork wonton, udon noodles, & veggies

**Crispy Chicken & Noodles In Broth** ..... \$13.95

## DAILY LUNCH MENU

Chicken, Tofu, or Vegetables ..... \$10.95

Beef ..... \$11.95    Shrimp ... \$11.95

Chinese & Thai Entrees Include:

Egg Rolls, Crab Rangoon, & Steamed White or Brown Rice

### Chinese

Sesame Chicken ..... \$11.50

Orange Chicken ..... \$11.50

**Mongolian Chicken**

**Chicken & Vegetables**

**Sweet & Sour Chicken**

**Kung Bao Chicken**

**Sichuan Chicken**

**Cashew Chicken**

**Chicken & Broccoli**

**Teriyaki Chicken**

**Teriyaki Beef**

**Mongolian Beef**

**Beef & Vegetables**

**Hunan Beef**

**Beef & Broccoli**

**Pepper Tomato Beef**

**Shrimp & Vegetables**

**Cashew Shrimp**

**Kung Pao Shrimp**

**Mixed Vegetables**

**Tofu 8 Delights**

**Kung Pao Tofu**

**Chop Suey** (Choice of meat)

**Fried Rice** (Choice of meat)

### Thai

Choice of meat, tofu or vegetables

**Pad Thai**

**Pad See Eiw**

**Hot & Spicy Noodles**

**Pad Woon Sen**

**Ginger Chicken**

**Spicy Basil Leaves**

**Thai Sweet & Sour**

**Thai Cashew**

**Thai Broccoli**

**Thai Fried Rice**

- Thai Fried Rice

- Spicy Fried Rice

- Curry Fried Rice

- Pineapple Fried Rice

Lunch Specials Served From 11:30 - 2:30 Mon - Sat

(Excluding Tuesdays & Holidays)

# Yummy Bowl

Chinese & Thai Restaurant



Dine-in • Carry-out • Delivery • Gluten Free

Gluten Free (More Than 20 items)

(Delivery Minimum \$15 - \$20)

Tel: (847) 266-8880

(847) 433-8440

[www.yummybowl.com](http://www.yummybowl.com)

1908 Sheridan Road, Highland Park, IL 60035  
4 Blocks East of Green Bay, 1/2 Block North of Central

### Delivery Area

Highland Park, Highwood, Fort Sheridan, Glencoe,  
Lake Forest, Deerfield, Bannockburn, & .....

### Business Hours

Monday 11:30 am - 9:00 pm  
Wed & Thur 11:30 am - 9:00 pm  
Fri & Sat 11:30 am - 10:00 pm  
Sunday 4:00 pm - 9:00 pm  
Tuesday Closed

## APPETIZERS

### Lettuce Wraps (4 pcs)

Wok-seared black mushrooms, water chestnuts, & onions, served with lettuce wraps & plums sauce. Choice of:

Chicken ..... \$12.95

Tofu & Vegetables ..... \$12.95

Shrimp & Pineapple ..... \$13.95

**Edemame (Organic Soy Beans)** ..... \$6.95

**Vegetable Spring Rolls (3 pcs Fried)** ..... \$5.95

**Chicken Egg Rolls (2 pcs)** ..... \$5.95

**Veggie Egg Rolls (2 pcs) (Contains Peanut Butter)** ..... \$5.95

**Shrimp Rolls (6 pcs)** ..... \$11.95

Thai Style Crispy Shrimp Rolls.

**Pot Stickers (steamed per request)** ..... \$8.50

Choice of chicken, pork or vegetable.

**Pot Sticker Combo (steamed per request)** ..... \$8.95

Chicken & vegetable.

**Cream Cheese Wonton (6 pcs)** ..... \$8.50

**Sichuan Wonton (8 pcs)** ..... \$8.50

Steamed chicken wonton in a hot and garlic sauce.

**Satay Chicken (5 pcs)** ..... \$11.95

Chicken marinated & grilled, served with peanut sauce.

**Satay Beef (5 pcs)** ..... \$13.95

Beef marinated & grilled, served with peanut sauce.

**Satay Shrimp** ..... \$12.95

**Satay Combo** ..... \$14.95

2 chicken, 2 beef, 2 shrimp.

## SOUPS

Hot & Sour Soup	.....	\$5.95
Egg Drop Soup	.....	\$5.95
Wonton Soup	.....	\$5.95
Veggy Tofu Soup	.....	\$6.50
Chicken Noodle Soup	.....	\$6.50
Sizzling Rice Soup (2)	.....	\$13.95
<i>Chicken, shrimp, &amp; vegetables.</i>		
🔥 Thai Tom Yum Soup	..... (Sm.) \$6.50 (Lg.) \$11.50	
<i>Choice of meat in a hot &amp; sour broth with mushrooms &amp; green peppers. (Add bean thread noodles per request)</i>		
Shrimp	..... (Sm.) \$6.95 (Lg.) \$11.95	
🔥 Thai Tom Kha Soup	..... (Sm.) \$6.50 (Lg.) \$11.50	
<i>Choice of meat, mushrooms, and green peppers in a hot and sour broth with coconut milk. (Add bean thread noodles per request)</i>		
Shrimp	..... (Sm.) \$6.95 (Lg.) \$11.95	
🔥 Golden Noodle Soup	..... (Sm.) \$6.95 (Lg.) \$12.95	
<i>Chicken &amp; rice noodles in Thai yellow curry and coconut milk soup.</i>		

## GLUTEN-FREE MENU

Lettuce Wraps (4 pc)	<i>Wok-seared black mushrooms, water chestnuts &amp; onions served with lettuce wraps. Choice of:</i>	
Chicken	.....	\$13.95
Tofu & Vegetables	.....	\$13.95
Shrimp & Pineapple	.....	\$14.95
Satay Chicken	.....	\$12.95
Edamame	.....	\$6.95
<b>Soups:</b> Sizzling Rice (for 2) / Egg Drop / Veggy Tofu Soup		
Thai Tom Yum (Hot) / Thai Tom Kha Soup (Hot)		
Thai Golden Noodle Soup (Hot)		
Mongolian Beef	.....	\$18.95
Sesame Chicken	.....	\$16.95
🔥 Orange Chicken	.....	\$16.95
Chicken & Vegetables	.....	\$15.95
🔥 Kung Bao Chicken	.....	\$16.95
🔥 Human Beef	.....	\$18.95
Chicken with Broccoli	.....	\$15.95
Sichuan String Beans	.....	\$14.95
Mixed Vegetables	.....	\$13.95
Yummy Chow Fun Noodles	.....	\$14.95
<i>Thin rice noodles, vegetables, brown sauce. Choice of tofu, chicken or vegetables. \$2 extra for beef, shrimp or combo</i>		
<b>Fried Rice</b>		
With Chicken, Pork, Tofu or Vegetables	.....	\$12.95
Beef	..... \$13.95	Shrimp or Combo.. \$13.95
<b>Egg Foo Young</b>		
With Chicken, Pork, Tofu or Vegetables	.....	\$15.95
Beef	..... \$17.95	Shrimp or Combo.. \$17.95
<b>Vietnamese Bowl Soup</b> ..... \$13.95		
<i>Thin rice noodles, basil, bean sprouts cilantro, peapods, napa, Choice of chicken or tofu. \$2 extra for beef or shrimp</i>		
Pad Thai	.....	\$14.95
<i>with Chicken, pork, tofu or vegetables. \$2 extra for beef, shrimp or combo.</i>		
Pad See Eiw	.....	\$14.95
<i>Thin rice noodles, eggs, broccoli, bean sprouts in sweet brown sauce. choice of chicken, pork, tofu or vegetables. \$2 extra for beef, shrimp or combo.</i>		
🔥 Thai Cashew Chicken	.....	\$16.95
<b>Thai Sweet &amp; Sour (stir-fried)</b>		
Chicken or Tofu	.. \$15.95	Beef or Shrimp.. \$17.95

## THAI CURRY

Choice of: Chicken, pork, tofu or vegetable	.....	\$15.95
Beef or Shrimp	.....	\$17.95
Red Curry	Panang Curry	
Green Curry	Mu-Sa-Mun Curry	
Ka-Ree Curry	Pineapple Shrimp Curry	

## SPECIALTIES

Happy Family	.....	\$19.95
<i>A combination of chicken, beef, shrimp, scallops, &amp; vegetables in our special light &amp; brown sauce.</i>		
🔥 Triple Sichuan Delight	.....	\$18.95
<i>Chicken, beef, shrimp, peanuts &amp; vegetables in a spicy brown sauce.</i>		
Mongolian Trio	Shrimp, Beef, Chicken, Onion	..... \$18.95
Seafood Delight	.....	\$19.95
<i>Shrimp, scallops, crab meat, &amp; vegetables in a light sauce.</i>		
Sesame Chicken	.....	\$15.95
<i>Honey glazed chicken chunks, fried &amp; cooked to perfection, with steamed broccoli &amp; sesame seeds.</i>		
Sesame Beef	.....	\$18.95
Sesame Shrimp	.....	\$18.95
🔥 Crispy Shrimp	.....	\$18.95
<i>Lightly coated and fried shrimp with sweet &amp; sour sauce or medium hot brown sauce on the side.</i>		
Shanghai Shrimp	.....	\$18.95
<i>Jumbo shrimp lightly coated and fried, sauteed with garlic and onion served with stir-fried vegetables.</i>		
🔥 Orange Beef	.....	\$18.95
🔥 Orange Chicken	.....	\$15.95
<i>Deep fried chicken chunks seared with orange peels, bell peppers, water chestnuts, baby corn, white onions and broccoli in a spicy tangy brown sauce.</i>		
🔥 Governor's Chicken	.....	\$15.95
<i>Deep fried chicken chunks sauteed with bell peppers, baby corn, water chestnuts and white onions in a spicy tangy brown sauce.</i>		
Crispy Duck	.....	\$22.95
<i>Half duck marinated &amp; deep fried to crispness.</i>		
Filets of Sole Fish (choice of sauce)	.....	\$19.95
Light Sauce	Mongolian	
🔥 Human Sauce	🔥 Soy Bean Sauce	

## BEEF

Teriyaki Beef	.....	\$16.95
Beef & Vegetables	.....	\$16.95
🔥 Kung Bao Beef	.....	\$17.95
Mongolian Beef	.....	\$17.95
Beef with String Beans	.....	\$16.95
Beef with Eggplant	.....	\$16.95
Beef Broccoli	.....	\$16.95
Pepper Tomato Beef	.....	\$16.95
Beef & Peapods	.....	\$16.95
🔥 Human Beef	.....	\$17.95
🔥 Sichuan Beef	.....	\$16.95

## PORK

Pork & Vegetables	.....	\$15.95
🔥 Sichuan Pork	.....	\$15.95
Mongolian Pork	.....	\$15.95

## CHICKEN

Chicken & Vegetables	in Brown Sauce	.....	\$14.95
Chicken in Black Bean Sauce	.....	\$14.95	
Mongolian Chicken	.....	\$14.95	
🔥 Kung Bao Chicken	.....	\$15.95	
<i>Stir fried diced chicken, peanuts, bell peppers, zucchini, white onions and water chestnuts in medium spicy brown sauce.</i>			
Cashew Chicken	.....	\$15.95	
Chicken with Eggplant	.....	\$14.95	
Chicken with String Beans	.....	\$14.95	
Chicken Broccoli	in Brown Sauce	.....	\$14.95
Sweet & Sour Chicken (deep-fried)	.....	\$14.95	
🔥 Empress Chicken (deep-fried)	.....	\$14.95	
<i>Deep fried white meat chicken, broccoli and red peppers in sweet and spicy sauce.</i>			
Lemon Chicken (deep-fried)	.....	\$14.95	
🔥 Hunan Chicken	.....	\$15.95	
<i>Baby corn, bell peppers, zucchini, onions, water chestnuts, carrots in medium spicy brown sauce.</i>			
🔥 Sichuan Chicken	.....	\$14.95	
<i>Celery, carrots, water chestnuts, black mushrooms in a sweet, spicy and tangy sauce.</i>			
Chicken Peapods	in White Sauce	.....	\$14.95
Teriyaki Chicken	steamed broccoli, carrot and peapods	.....	\$14.95

## SHRIMP

Shrimp & Vegetables	in White Sauce	.....	\$16.95
🔥 Kung Bao Shrimp	.....	\$17.95	
Cashew Shrimp	.....	\$17.95	
Shrimp with String Beans	.....	\$16.95	
Shrimp Peapods	in White Sauce	.....	\$16.95
Shrimp Lobster Sauce	.....	\$16.95	
🔥 Hunan Shrimp	.....	\$17.95	
🔥 Sichuan Shrimp	.....	\$16.95	
Shrimp in Black Bean Sauce	.....	\$16.95	

## TOFU

Tofu & Vegetables	in Brown Sauce	.....	\$14.95
🔥 Tofu Eight Delights	.....	\$14.95	
🔥 Kung Bao Tofu	.....	\$15.95	
Mongolian Tofu	.....	\$14.95	
Tofu and Black Mushrooms	.....	\$15.95	
Tofu Broccoli	in Brown Sauce	.....	\$14.95
Tofu with String Beans	.....	\$14.95	
Tofu with Eggplant	.....	\$14.95	
Sesame Tofu	.....	\$16.95	
Teriyaki Tofu	.....	\$14.95	

## VEGETABLES

Mixed Vegetables	in White Sauce	.....	\$12.95
🔥 Sichuan Broccoli	.....	\$12.95	
Sichuan String Beans	.....	\$13.95	
Eggplant in Plum Sauce	.....	\$13.95	
🔥 Sichuan Eggplant	.....	\$13.95	

## THAI ENTREES

🔥 Basil Chicken	.....	\$15.95
<i>Chicken, mushrooms, onions, green &amp; jalapeno peppers in a light brown sauce.</i>		
Tofu	..... \$15.95	Beef or Shrimp ..... \$17.95
Ginger Chicken	.....	\$14.95
<i>Onions &amp; Oriental black mushrooms in a soy ginger sauce.</i>		
Sweet Almond Beef	.....	\$17.95
<i>Stir-fried beef with almonds, water chestnuts, green peppers, mushrooms &amp; onions in a sweet brown sauce.</i>		
🔥 Thai Cashew Chicken	.....	\$15.95
<i>Mushrooms, peapods, pineapple, &amp; bell peppers,</i>		
Tofu	..... \$15.95	Beef or Shrimp ..... \$17.95
Thai Garlic Shrimp	.....	\$17.95
<i>Peapods, carrots, &amp; garlic in a light brown sauce.</i>		
Chicken	..... \$15.95	Shrimp & Scallops ... \$19.95
Beef	..... \$17.95	
Thai Broccoli Chicken	.....	\$14.95
Beef	..... \$16.95	Shrimp ..... \$16.95
<b>Thai Sweet &amp; Sour (stir-fried)</b>		
<i>Tomato, pineapple, bell peppers, peapods and onions.</i>		
Chicken	..... \$14.95	Beef ..... \$16.95
Shrimp	..... \$16.95	Combo ..... \$18.95
🔥 Veggy Chicken Deluxe	.....	\$14.95
<i>Chicken mixed with vegetables in Thai hot chili paste sauce.</i>		
Pad Woon Sen Beef	.....	\$16.95
<i>Bean thread noodles with bean sprouts, mushrooms, onions, &amp; eggs in a soy ginger sauce.</i>		
Chicken or Tofu	.. \$14.95	Shrimp ..... \$16.95
🔥 Thai Fish Plate	.....	\$19.95
<i>Filets of sole fish, peapods, carrots, &amp; baby corn in a chili paste sauce.</i>		

## THAI SALADS

All Thai salads mixed with lemon juice, chili paste, fish sauce, onions, cucumber, carrots, cilantro, & lettuce.

🔥 Thai Chicken Salad	also mixed with ginger & peanuts	.....	\$14.95
🔥 Thai Beef Salad	.....	\$16.95	
🔥 Thai Shrimp Salad	.....	\$16.95	
🔥 Thai Seafood Salad	.....	\$20.95	
Cucumber Salad	a clear rice vinegar dressing	.....	\$6.95

## FRIED RICE / EGG FOO YOUNG CHOP SUEY / CHOW MEIN

Fried Rice (Chicken, pork, or vegetables)	.....	\$11.95
(Beef)	.....	\$12.95
Shrimp or Combo Fried Rice	.....	\$12.95
Egg Foo Young (Chicken, pork, or vegetables)	..	\$14.95
(Beef)	.....	\$16.95
Shrimp or Combo Egg Foo Young	.....	\$16.95
Chicken Chop Suey or Chow Mein	.....	\$14.95
Beef Chop Suey or Chow Mein	.....	\$16.95
Shrimp Chop Suey or Chow Mein	.....	\$16.95

🔥 Indicates Hot & Spicy  
Brown Rice Available